

## Conference Description

The purpose of this conference is to provide up to date clinically useful information to rheumatologists including the most recent advances and information on the pathogenesis, diagnosis and management of selected rheumatologic diseases.

## Objectives

At the conclusion of this educational activity, participants should be able to:

- recognize the shared pathways of Psoriasis and Psoriatic Arthritis, know the pre-clinical signs of Psoriatic Arthritis, recognize signs for early diagnosis of Psoriasis, and formulate targeted treatment strategies for their patients with psoriatic arthritis.
- recognize soft tissue pain syndromes, understand the Pathophysiology of pain in rheumatic conditions, understand non-pharmacological and pharmacological treatments for rheumatic pain, and prescribe the most efficient treatment plan for their patient.
- recognize data that supports changes to our current approach to the treatment of patients with granulomatosis with polyangiitis and microscopic polyangiitis, and utilize these new treatment paradigms.
- describe the four factors that differentiate “good work”, discuss the relationship between provider resilience and patient outcomes, discuss team dynamics in light of keys from motivational psychology, describe 4 phases of team development, list three ways to boost both individual and team resilience, and apply knowledge learned to your practice and efficiently treating patients.
- identify patients with SLE at highest risk for pregnancy complications and effectively counsel these patients about contraception, and select medications to help optimize the probability of a healthy pregnancy outcome for both patient and baby.
- comprehend the unique manifestations of undifferentiated Spondylarthropathy vs AS, discuss the common features of the Spondylarthropathy family and role of HLA B27, know the extra axial manifestations of Spondylarthropathy, and employ treat to target options for Undifferentiated Spondylarthropathy to enhance the care of their patients.
- define Biosimilar products, understand the impact of drug naming and labeling, understand the current FDA guidance, and know the science of producing a Biosimilar product.
- increase comprehensions in diagnosing and treating unusual forms of vasculitis and employ efficient treatment options based on the patient's case.
- implement treatment recommendations to enhance therapy for challenging patients' rheumatic conditions.

## Target Audience

This conference is designed for academic and practicing rheumatologists, their PAs, FNP's and Pharm D's.

## Corporate Members

Diamond: 

Gold:   Inspired by patients. Driven by science. 

Silver: 

## NCRA 2017 Agenda 10.5 AMA PRA Category 1 Credit™

### Friday, March 31

5pm - 7pm **Registration**  
**Exhibit Set-Up**

### Saturday, April 1 (6.5 Credit Hours)

7:00 – 7:45am **Breakfast & Registration**  
7:45 – 8:00am **Welcome Remarks**  
Firas Kassab, MD  
8:00 – 9:00am **The Road Less Traveled: The Transition From Psoriasis To Psoriatic Arthritis**  
Christopher Ritchlin, MD, MPH  
University of Rochester  
9:00 – 10:00am **Chronic Pain Management in Rheumatic Disease**  
Kristine Phillips, MD, PhD  
Vanderbilt University Medical Center  
10:00 – 10:30am **Break in Exhibit Hall**  
10:30 – 11:30pm **Update on ANCA Associated Vasculitis**  
Philip Seo, MD, MHS  
Johns Hopkins University School of Medicine  
11:30 – 12:30pm **Choosing Resilience: The Key to Thriving Through Change**  
Wayne Sotile, PhD  
Center for Physician Resilience  
12:30 – 1:30pm **Lunch in Exhibit Hall**  
1:30 – 2:30pm **NCRA Business Meeting**

2:30 - 3:30pm **Strategies to Improve Management of Lupus in Pregnancy**  
Megan Clowse, MD, MPH  
Duke University  
3:30 – 4:00pm **Break in Exhibit Hall**  
4:00 – 5:30pm **Difficult Cases Panel**  
Christopher Ritchlin, MD, MPH; Megan Clowse, MD, MPH; Philip Seo, MD, MHS  
5:30pm **Adjourn Educational Session**  
5:30 – 6:30pm **Reception**

### Sunday, April 2 (4 Credit hours)

7:00 – 7:45am **Breakfast & Registration**  
7:45 – 8:00am **Welcome Remarks/Daily Announcements**  
Firas Kassab, MD  
8:00 – 9:00am **New Mechanisms and Treatment of Spondyloarthritis**  
Christopher Ritchlin, MD, MPH  
University of Rochester  
9:00 – 10:00am **Fellows Cases**  
10:00 – 10:30am **Break in Exhibit Hall**  
10:30 – 11:30am **Biosimilars: the Science, Reality and FDA Guidance**  
Vibeke Strand, MD  
Stanford University School of Medicine  
11:30 - 12:30pm **Neglected Vasculitis**  
Philip Seo, MD, MHS  
Johns Hopkins University School of Medicine  
12:30pm **Adjourn Educational Session**  
12:30pm **Lunch and Networking with Colleagues**

## Conference Registration

Available on-line at [www.ncrheum.org](http://www.ncrheum.org)

In order to assure your participation in the meeting, complete the on-line registration no later than March 17, 2017.  
To pay by credit card, submit information on-line.

If you wish to pay by check, complete the on-line form, submit, print and mail the email you receive with your check to:

North Carolina Rheumatology Association

Mail to: Tammala Bulger, NCRA, 341 S. College Rd., Ste. 11 (PMB 2046), Wilmington, NC 28403

For additional information call Tammala Bulger at 910-520-0515, fax 910-254-1091 or email [tab@reubenallen.com](mailto:tab@reubenallen.com)

## Hotel Accommodations

Accommodations for the North Carolina Rheumatology Association Annual Meeting can be made through the Washington Duke Inn. For reservations (919) 490-0999 and requesting the NC Rheumatology Association (Group ID: 512320) guest room block. If you prefer to make guestroom reservations on-line, the website link is <https://bookings.ihotelier.com/Washington-Duke-Inn-%26-Golf-Club-/bookings.jsp?groupID=1520247&hotelID=11999>. To take advantage of our special rate reservations must be made prior to February 28, 2017. Please note once our guestrooms fill we cannot guarantee that our special rate will be available. We suggest making your plans early.

## Speakers

**Megan E. B. Clowse, MD, MPH**

Associate Professor of Medicine  
Duke University  
Durham, NC

**Kristine Phillips, MD, PhD**

Associate Professor of Medicine  
Vanderbilt University Medical Center  
Nashville, TN

**Christopher Ritchlin, MD, MPH**

Chief/Professor of Medicine  
Division of Allergy, Immunology and Rheumatology  
University of Rochester Medical Center  
Rochester, NY

**Philip Seo, MD, MHS**

Associate Professor of Medicine  
Director, Johns Hopkins Rheumatology Fellowship  
Johns Hopkins University School of Medicine  
Baltimore, MD

**Wayne Sotile, PhD**

Founder  
Sotile Center for Resilience;  
Center for Physician Resilience  
Davidson, NC

**Vibeke Strand, MD**

Adjunct Clinical Professor  
Division of Immunology/Rheumatology,  
Stanford University School of Medicine  
Portola Valley, CA

## Accreditation Statement

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the North Carolina Medical Society (NCMS) through the joint providership of South East Area Health Education Center (SEAHEC) and North Carolina Rheumatology Association (NCRA). The South East Area Health Education Center (SEAHEC) is accredited by the NCMS to provide continuing medical education for physicians.

## Credit Statement

The South East Area Health Education Center (SEAHEC) designates this live activity for a maximum of 10.5 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## Disclosure Statement

SEAHEC adheres to NCMS Essential Areas and Policies regarding industry support of continuing medical education. Commercial Support for the program, and faculty relationships within the industry, will be disclosed at the activity. Speakers will also state when off-label or experimental use of drugs or devices is incorporated into their presentations. SEAHEC does not imply endorsement of any commercial products displayed at educational events.

## ADA Statement

For special services, assistance, or information call Tammala Bulger at 910-520-0515 or email her at tab@reubenallen.com.

## Handouts

This year NCRA is moving to a conference mobile app. It will include the handouts as well as the information normally shared on the conference flash drive. Emails will be sent a week or two before the conference with instructions on how download the free app and access our materials. At the conference there will also be a small magazine listing the sponsors, attendees and a few blank pages for taking notes.



# North Carolina Rheumatology Association

## 2017 Annual Meeting

April 1 & 2, 2017  
Washington Duke Inn  
Durham, NC



Hosted by  
North Carolina Rheumatology Association



Provided by  
South East Area Health Education Center:  
Part of the North Carolina AHEC Program